



Blancos



Hotel & Restaurant

Lunch Menu



To Start

Freshly Made Soup

Made from finest local ingredients

£3.75

Swansea Market Field Mushrooms

*Stuffed with Cockles, Bacon & Lava Bread,
& Topped with Welsh Cheese*

£4.95

Peppered Smoked

Mackerel

Served on a light Caesar salad

£4.95

Tempura King Prawns

*Deep Fried in a light Batter served with a sweet
chilli dip*

£5.25

House Pate

Served with Melba toast & a fruity relish

£4.75

Prawn or Seafood Cocktail

*Made from market fresh
seafood topped with Garlic Mayonnaise or Marie
Rose Sauce served with brown bread & herb pin
wheels*

£4.95

Fresh Melon

Served with Cointreau marinated berries

£4.50

Tandoori Chicken

*Served in a Poppadom with
coriander salad & a creamy raita*

£4.95

As Mains

The Classic Roast Dinner

*Served with all the trimmings & Welsh gravy
(Please ask for more details)*

£7.25

Plain Grilled Prime Cod Fillet

*Served with lemon butter or topped with welsh
rarebit*

or Deep fried in a light beer batter

£8.95

Italian Style Marinated Supreme of Chicken

Served with Spicy Potato Wedges & Sour Cream

£6.95

Traditional Lasagne

Served with a side salad

£6.95

Barbequed Chicken

Served with southern fries

£7.50

Peppered Steak

Served with a classic pepper sauce

£7.95

Blanco's Curry Plate
Served with Naan bread, Poppadoms & Pickles
(Please ask for details)
£7.95

Deep Fried Plaice
Served with Tartare Sauce
£6.95

Whole Tail Scampi
Served with side salad
£7.50

**All Main Meals Served with Peas & Potato
Choice, unless Stated**

From the Chargrill

20oz T/Bone Steak
Prime Sirloin & Fillet served on the Bone
£16.95

14oz Porterhouse Steak
Prime cut of Sirloin served on the Bone
£12.95

10oz Sirloin Steak
Prime lean steak
£12.50

Classic 10oz Fillet Steak
The Best Welsh Beef Cut, Full of Flavour
£18.95

14oz Horseshoe Gammon
With egg & pineapple
£9.95

Supreme of Chicken
With Crispy Bacon
£9.95

**All Grilled Meals are Served with Mushrooms,
Fried Onions & Tomato**





Vegetarian

Pasta Bowl

*Penne pasta in a rich tomato ragout
with prima Vera vegetables*
£7.50

Mexican Fajita Vegetable Enchilada

*Topped with melted cheese,
sour cream & salsas*
£8.50

Warm Goats Cheese Salad

*Baked Welsh goats cheese served
on a
light Caesar salad*
£9.20

Blanco's Vegetable Curry Plate

*Hot & Spicy with Poppadoms &
chutneys*
£8.50

Vegetarian Lasagne

£7.95

Sauces

Barbecue, Pepper, Diane, Garlic

£1.75

Sides

House Salad

£2.00

Seasonal Vegetables

£2.00

Cauliflower Cheese

£2.00

Onion Rings

£2.00

Mushrooms

£2.00

Garlic Bread

£1.75

Cheesy Garlic Bread

£2.00

**All weights quoted are approximate prior to cooking.
We cannot guarantee that any of our dishes are free
from nuts or GM ingredients also we can not
guarantee that our fish dishes are boneless**

